

Rothwell Amateur Swimming Club

Important Information

Welcome to the Club

Firstly the club would like to offer you a very warm welcome and we hope you enjoy your time here. To get started please read the following documents and please return a copy of the Members Information Sheet for each member.

2. Rules of Rothwell Amateur Swimming Club (Constitution)
3. Code of Conduct for Parents and Guardians
4. Code of Conduct for Swimmers
5. Equality and Diversity Policy
6. Privacy Policy
7. Safeguarding Policy

Our Mission Statement

To deliver high quality swimming lessons taught by qualified teachers in a friendly non-competitive environment and assist all members to reach their full potential in swimming. We aim to keep club members fees to the minimum required to maintain the clubs viability.

Session Times

Session 1	Groups 1, 2 and 3	7:20pm – 7:50pm
Session 2	Groups 4, 5 and 6	8:00pm – 8:30pm
Session 3	Groups 7, 8 and 9	8:40pm – 9:10pm

Swimmers will be allowed into the changing rooms 10 minutes before the start of the session.

Fees

The annual membership fee of £25 is payable upon joining and is payable every January to maintain membership.

RASC fees are currently £10 a month and should be paid each month by standing order. Failure to pay will result in membership being cancelled.

Bank Details:-

Payee: Rothwell Amateur Swimming Club **Reference:** (Members full name including surname)

Bank: NatWest Kettering

Sort Code: 53-61-33

A/C Number: 00722146

When paying by standing order please pay each membership separately entering member's first name and family name in the reference.

Club Operating Procedure:

Please ensure that your swimmer does report to our club reception desk on arrival. This is located just outside the changing rooms in the corridor.

Bad Weather/Pool Closure – In the event of bad weather or pool closure it may be necessary to close the club at short notice. We will do our best to text or email you in advance.

Club Operating Procedure; Continued

Equipment and swimming kit - All swimmers must wear a hat of the appropriate colour whilst in the pool. We provide (free of charge) each new member with the appropriate coloured hat for the group you will be joining. Replacement hats are available from the reception team at a cost of £1.50. Hats are made from latex, please inform the reception team if you have an allergy to latex. Only club members who are getting changed may enter the changing rooms. There are separate changing rooms available where assistance with changing is required. Please inform our reception team if you require access.

Swimline

Swim England is committed to promoting the welfare of children within swimming. Swim England have joined with the NSPCC to create SwimLine.

The service is provided for anyone in swimming people who believes that the welfare of a young child is at risk. This could be neglect or abuse, bullying or fear of someone or anything that is worrying you and you don't know who to discuss it with.

What happens if you call? – Your call will be answered by trained and experienced counsellors who will advise you and act to protect children. If you wish to speak to someone who understands swimming you are able to leave a message. SwimLine aim to ring back during the next working day.

SwimLine: 0808 100 4001

NSPCC Child Protection Helpline direct: 0808 800 5000 (Open 24/7, calls are free)

Club Contact Details

You can contact us by e-mail at rasc1@live.co.uk

We also have a Facebook page – please follow our page at RASCswim to see any updates

We can't wait to see you at the pool! ☺